

# Roots and Roofs: Building Natural Homes and Sustainable Communities

Fourth Phase

29 April - 14 May 2024, Tramonti, Italy



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ACARBIO



EUROPEAN  
SOLIDARITY  
CORPS



# WHO WE ARE

ACARBIO is a Non-Profit Organization from the small town of Tramonti on the rural area of the Amalfi Coast, working for the preservation of the local environment and local cultural heritage presented by the terraced landscape. We implement Youth projects, awareness-raising activities, environmental and naturalistic activities, sustainable agricultural projects, outdoor education, and preservation of the terraces.

ACARBIO regularly organizes projects and activities such as clean-ups of the pathways and beach; rescuing abandoned places; environmental, language, and other workshops for the local youth; and raising awareness about the dangers of the abandonment of coastal terraces. Through these activities, we try to recreate the connection between the habitants of the Amalfi Coast and local nature.





## ACTIVITIES

This team volunteering opportunity is part of a larger project with the objective of creating an educational center in the forest that teaches about living in nature, outdoor and experiential learning, sustainability, natural building, and permaculture. The project has been initiated with the support of experts from the Greek organization Cob.gr and will be carried out in several phases.

In the fourth phase, which will take place from 29<sup>th</sup> of April to 14<sup>th</sup> of May, participants between the ages of 18 and 30 coming from different countries will help finalize a part of the hobbit house, a tree house and a kitchen, together with other minor sustainability and natural building activities. This project is based on the work done in previous Roots and roofs projects that happened in 2023. Volunteers will undertake tasks such as digging and levelling the soil, shaping and peeling the wood, transporting materials, building part of the infrastructure needed for the workshop and finally be engaged during the workshop, with their hands, feet and soul.

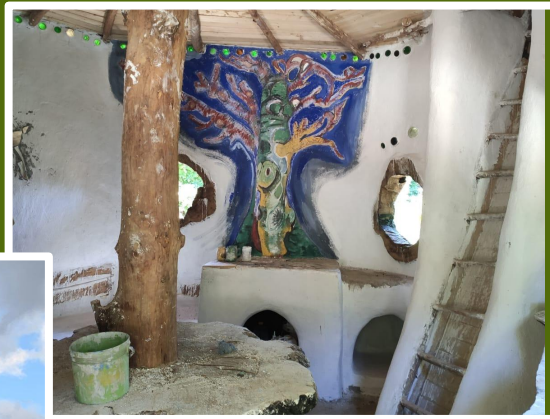




## OBJECTIVES

- Learn natural building techniques and gain practical skills while working with youth from different cultures.
- Develop teamwork, leadership, and communication skills through collaborating on a building project in a natural environment.
- Gain a deeper understanding of sustainable living and permaculture principles, and how they can be integrated into daily life.
- Foster a sense of community and social responsibility, while learning about different cultures and perspectives.
- Increase confidence, self-reliance, and adaptability through camping and living in a rustic environment with youth from different countries.





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# PROGRAM DETAILS



## participants

14 participants from European countries



## duration

14 days activity + 2 travel days



## budget

pocket money 6€ per day, the ESC health insurance Henner will be provided



## accommodation

outdoor (with tents), nearby facilities for cooking, 2 toilets, 2 showers (inside and outside), food is provided



## travel

Travel costs for one travel will be covered by the program (arrival - departure). Those costs will be covered up to 275€ (or 320€ in case of green travel) for both arrival and departure travel if all necessary documents (all invoices, ORIGINAL tickets and boarding passes) are provided.

The closest airport is NAPLES, otherwise you can also check flights to Rome but in this case, please be aware to plan at least 3 hours extra. Important for the booking of your flights: Please look for flights arriving before 16.30 in Naples and leaving after 11.00 from Naples to be able to arrive at and depart from the venue. Transport early in the morning or late in the evening can be difficult.

**Before purchasing any tickets, send us your travel plan and wait for our approval as we can suggest you the best route and find the cheapest solution.**

# SETTING

The project is set to occur in the chestnut wood mountains, located a 30-minute walk from the nearest grocery store and a 50-minute walk from the city center. The coast can be accessed by bus. This immersive experience will take place in a natural setting, providing an adventure in the heart of nature.

If you are enthusiastic about this type of experience, prepared to camp and embrace community living, and not intimidated by living away from urban areas, we encourage you to apply without hesitation.

Previous experience is helpful but not necessary. You will need to be available for the exact activity period.



# PACKING LIST

- ☀️ Sunscreen, hat and mosquito repellent for when it's warmer
- 🌙 Your sleeping bag and warmer clothes for the chillier nights
- ☁️🌧️ Rainjacket/small umbrella because it might rain sometimes
- 🛁 Towels and your own medications (if you have)
- 🛠️ Working clothes and shoes
- 😊 Your smile and spirit of contribution



## YOUR RESPONSIBILITIES

To actively take part in and contribute to the volunteering activities, social activities, activities of ESC promotion, and cultural exchange activities in a way to fulfill the project's objectives and follow the ESC guidelines.



## YOU WILL :



Volunteer for the local environment and nature with a local Non-Profit Organization from Tramonti on the Amalfi Coast



Work with other people for nature and in nature



Get to know local culture and share aspects of your own culture, share intercultural experience & solidarity



Promote solidarity



Monitor and reflect upon your learning outcomes, receiving a Youthpass certificate at the end

# THE VENUE - TRAMONTI

**Tramonti** is a town at the Amalfi Coast, some kilometers inside the land and up the mountains. It was a strategically important part of the Maritime Republic of Amalfi, as it guarded the coast from any possible attack from the mountains. In the past was considered the green heart of the Coast and source for wood and products from the agriculture. Nowadays nature is still the major characteristic and the main local products are wine, tomatoes, pizza and local traditional bread.

***This is a place where participants will have the opportunities to experience the local nature, local traditions such as traditional pizza and folk dance and music, and more.***



# HOW TO APPLY?

Contact us via email at [international@acarbio.org](mailto:international@acarbio.org) or via WhatsApp at +393280311884 with a motivational letter and CV.

**LIMITED PLACES, apply soon!**

FIND OUT MORE:



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[international@acarbio.org](mailto:international@acarbio.org)

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